

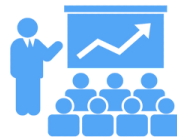
# Basic Safety Training Fact Sheet

## Course Overview

Basic Safety Training equips participants with essential skills and knowledge to ensure personal and workplace safety. Covering topics such as emergency procedures, hazard recognition, and personal protective equipment, this course prepares individuals to respond effectively in potentially hazardous situations, promoting a safe environment for all.



client site training, depending on your personal preferences



learn from an expert trainer with years of experience



Budget Friendly learning

## Who should enroll to this course?

Basic Safety Training is ideal for a variety of individuals, including employees in high-risk industries such as construction and healthcare, as well as supervisors and managers responsible for team safety.

Additionally, emergency responders involved in safety and first aid, as well as volunteers assisting in potentially hazardous settings, should consider enrolling.



## Join Us Today!



info@eliteoffshore.in

training@eliteoffshore.in



+91 80974 72277

+91 80974 79900



+91-22-4970 4933



G- 5, Platform Level, Tower-3,  
Belapur Railway Station  
Complex, Sector-11, C.B.D.  
Belapur, Navi Mumbai-400614.

## What does this course Covers?

- PERSONAL SURVIVAL TECHNIQUES (PST)
- Types of emergency situations which may occur, such as collision, fire, foundering
- Types of life-saving appliances normally carried on ships
- Equipment in survival craft Location of personal life-saving appliances
- Principles concerning survival, including training and drills, personal protective clothing and equipment etc
- FIRE PREVENTION & FIRE FIGHTING (FPFF)
- Shipboard fire-fighting organization
- Location of fire-fighting appliances and emergency escape routes
- The elements of fire and explosion (the fire triangle)
- Types and sources of ignition, flammable materials, fire hazards and spread of fire
- Fire and smoke detection and automatic alarm systems
- Classification of fire and applicable extinguishing agents
- ELEMENTARY FIRST AID (EFA)
- Assessment of needs of casualties and threats to own safety
- Appreciation of body structure and functions
- Immediate measures to be taken in cases of emergency, including the ability to handle casualty, apply resuscitation, control bleeding etc
- PERSONAL SAFETY & SOCIAL RESPONSIBILITY (PSSR)

- Course Code - 125
- Duration - 5 Days
- Knowledge level - Beginner
- Category - Port and Marine
- Offline/ Client Site

- Types of emergency which may occur, such as collision, fire, foundering
- Knowledge of shipboard contingency plans for response to emergencies
- Emergency signals and specific duties allocated to crew members in the muster list; muster stations; correct use of personal safety equipment  
Action to take on discovering potential emergency, including fire, collision, foundering and ingress of water
- Action to take on hearing emergency alarm signals
- Value of training and drills Knowledge of escape routes and internal communication and alarm systems
- Basic understanding of shipping's environmental impact and effect of operational and accidental pollution
- Basic environmental protection procedures
- Basic knowledge of complexity and diversity of the marine environment
- Importance of adhering to safe working practices at all times
- Effective communications on board ship and its importance
- Importance of maintaining good human and working relationships aboard ship

## Ready to get started?

Enhance your safety skills by enrolling in our Basic Safety Course today! Gain essential knowledge and training to ensure a secure work environment. Don't wait—register with us now and take the first step towards a safer future in your workplace!

## About Us

**Elite Offshore Pvt Ltd**, established in 2015, is a leading provider of Offshore, Marine and Industrial Safety and Skill training and certification programs. With a commitment to safety, compliance, and excellence, we empower professionals worldwide with the knowledge and skills they need for success in their careers.

**Ecademy** was established in 2021, serves as our specialized division, providing customized E-Learning solutions designed to meet the specific needs of the industry. Through Ecademy, we offer the IADC-Accredited RigPass Online Course, alongside other valuable E-Learning programs like IMDG Code Courses, Basic First Aid, and more.