

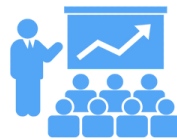
# Manual Handling Assessor Fact Sheet

## Course Overview

The Manual Handling Assessor course equips participants with the expertise to assess and mitigate manual handling risks in the workplace. It covers ergonomic principles, risk assessment methods, and best practices for designing safer manual handling tasks, empowering assessors to enhance workplace safety and prevent musculoskeletal injuries.



client site training, depending on your personal preferences



learn from an expert trainer with years of experience



Budget Friendly learning

## Who should enroll to this course?

The Manual Handling Assessor course is suitable for health and safety professionals, ergonomic consultants, occupational therapists, and individuals responsible for risk management in the workplace.

It is also valuable for managers, supervisors, and employees seeking to enhance their understanding of manual handling risk assessment and contribute to creating safer work environments.



## Join Us Today!



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## What does this course Covers?

- Introduction to safe lifting practices
- Duties and responsibilities of employers and employees
- Avoiding manual handling
- Risk assessment
- Appropriate systems of work
- Use of mechanical aids
- Guiding principles for safe lifting heights
- Good handling technique (for pushing and pulling)

## Ready to get started?

Empower yourself to create safer work environments! Enroll in the Manual Handling Assessor course to gain the expertise to assess and mitigate manual handling risks in the workplace. Whether you are a health and safety professional, manager, or occupational therapist, this course will equip you to enhance workplace safety and prevent musculoskeletal injuries.

## About Us

**Elite Offshore Pvt Ltd**, established in 2015, is a leading provider of Offshore, Marine and Industrial Safety and Skill training and certification programs. With a commitment to safety, compliance, and excellence, we empower professionals worldwide with the knowledge and skills they need for success in their careers.

**Ecademy** was established in 2021, serves as our specialized division, providing customized E-Learning solutions designed to meet the specific needs of the industry. Through Ecademy, we offer the IADC-Accredited RigPass Online Course, alongside other valuable E-Learning programs like IMDG Code Courses, Basic First Aid, and more.

- Course Code - 531
- Duration - 2 Day
- Knowledge level - Beginner
- Category - OSHA & Industrial Safety
- Offline/ Client Site