Basic Life Support Fact Sheet

Course Overview

The Basic Life Support (BLS) course provides essential life-saving skills, including CPR, AED usage, and techniques for managing choking and other emergencies. Participants learn how to respond effectively in cardiac arrest and respiratory arrest situations, making it a valuable course for healthcare professionals and the general public alike.

client site training, depending on your personal preferences



learn from an expert trainer with years of experience



Budget Friendly learning

Who should enroll to this course?

Healthcare professionals such as doctors, nurses, and paramedics should enroll in the Basic Life Support course.

Additionally, individuals in professions such as lifeguarding, personal training, and childcare, as well as members of the general public, can greatly benefit from this training to be prepared for emergency situations.



What does this course Covers?

- Performing CPR on adults, children, and infants.
- Assisting conscious and unconscious choking victims across all age groups.
- Understanding the functionality and utilization of Automated External Defibrillators (AEDs) during emergencies.
- Recognizing the significance of breathing barriers, bag valve masks, and implementing two-rescuer CPR.
- Addressing cardiopulmonary emergencies and navigating unique resuscitation situations.

Ready to get started?

Gain the confidence and skills to save lives. Enroll in the Basic Life Support course today and become equipped to respond effectively to medical emergencies. Whether you're a healthcare professional, a caregiver, or simply want to be prepared to help others, BLS training is a crucial investment in your ability to make a difference.

About Us

Elite Offshore Pvt Ltd, established in 2015, is a leading provider of Offshore, Marine and Industrial Safety and Skill training and certification programs. With a commitment to safety, compliance, and excellence, we empower professionals worldwide with the knowledge and skills they need for success in their careers.

Ecademy was established in 2021, serves as our specialized division, providing customized E-Learning solutions designed to meet the specific needs of the industry. Through Ecademy, we offer the IADC-Accredited RigPass Online Course, alongside other valuable E-Learning programs like IMDG Code Courses, Basic First Aid, and more.

- Course Code 561
- Duration 1 Day
- Knowledge level Beginner
- Category OSHA & Industrial Safety
- Offline/ Client Site