

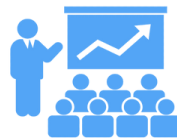
First Aid, CPR, O2 & AED Fact Sheet

Course Overview

The First Aid, CPR, O2 & AED course provides comprehensive training in life-saving techniques. Participants learn how to respond to medical emergencies, administer CPR, use oxygen equipment, and operate automated external defibrillators (AEDs). This course equips individuals with essential skills to provide immediate assistance in critical situations.



client site training, depending on your personal preferences



learn from an expert trainer with years of experience



Budget Friendly learning

Who should enroll to this course?

The First Aid, CPR, O2 & AED course is designed for a wide range of individuals who want to acquire essential life-saving skills. Healthcare professionals, including doctors, nurses, and EMTs, can benefit from advanced training in emergency response.

Additionally, first responders, lifeguards, teachers, childcare providers, and individuals in various professional settings can greatly benefit from learning these critical skills. Moreover, anyone who wants to be prepared to respond effectively to emergencies in both professional and personal environments can enroll in this course.



Join Us Today!



info@eliteoffshore.in

training@eliteoffshore.in



+91 80974 72277

+91 80974 79900



+91-22-4970 4933



G- 5, Platform Level, Tower-3,
Belapur Railway Station
Complex, Sector-11, C.B.D.
Belapur, Navi Mumbai-400614.

What does this course Covers?

- C.P.R. chest compression & mouth to mouth breathing for adult, child and infant.
- A.E.D. “Heart Start” Machine for restarting the heart after cardiac arrest. □ AMBU Bag Artificial Breathing Machine for giving air
- Administer 100% oxygen; Oxygen Administration
- Use of different type of mask - bag-valve mask; oropharyngeal airway adjunct
- Use of oxygen system for resuscitation – oxygen cylinder
- Selection of oxygen masks – nasal cannula, demand valve, non-rebreather and pocket mas with oxygen inlet
- Suffocation Choking : Back Blows, Abdominal Thrusts (Heimlich’s Manoeuvre), Chest Compressions, Drowning : Rescue and First Aid
Smoke and Fire : Rescue and First Aid
- Head Injury and Stroke: Conscious Patient, Unconscious Patient, Recovery Position.
- Shocks: Electric Shock, Hysterical (Emotional) Shock, Cardio-Respiratory Failure
- Wounds: Types Of Wounds, Cleaning And Dressing, Bandages And Slings
- Control Bleeding: Direct Pressure, Indirect Pressure Points, Amputations
- Fractures: Identification And Fixing Of All Fractured Bones

- Course Code - 597
- Duration - 1 Day
- Knowledge level - Beginner
- Category - OSHA & Industrial Safety
- Offline/ Client Site/ Client Site

What does this course Covers?

- Muscle And Joint Injuries: Muscle Strain And Rupture, Muscle Cramps, Joint Sprains And Dislocations
- Burns: Degree, Location, Area, Minor And Major Burns And Their First Aid, Chemical And Acid Burns
- Heart Attack: Signs, Symptoms, And First Aid
- Allergic Reactions And Shock: (Anaphylaxis) Causes, Identification And First Aid
- Poisons: Types And First Aid, Dog Bite (Rabies) Snake Bite, Scorpion, Bee Stings
- Heat Stroke And Hypothermia (Frost Bite): Signs And Emergency First Aid
- Diabetes And Hypoglycaemia (Low Sugar): Signs And Emergency First Aid Alcoholism
- Recognizing the signs and symptoms of shock and providing first aid for shock due to illness or injury;
- Assessing and treating a victim who has an unexplained change in level of consciousness or sudden illness;
- Ingested poisons: alkali, acid, and systemic poisons.
- Inhaled poisons: carbon monoxide; hydrogen sulfide; smoke; and other chemical fumes, vapors, and gases. Assessing the toxic potential of the environment and the need for respirators;
- Knowledge of the chemicals at the worksite and of first aid and treatment for inhalation or ingestion;

What does this course Covers?

- Recognizing asphyxiation and the danger of entering a confined space without appropriate respiratory protection. Additional training is required if first-aid personnel will assist in the rescue from the confined space.
- Responding to Medical Emergencies: Chest pain; Stroke; Breathing problems; Anaphylactic reaction; Hypoglycemia in diabetics taking insulin; Seizures; Pregnancy complications; Abdominal injury;
- Wounds: Assessment and first aid for wounds including abrasions, cuts, lacerations, punctures, avulsions, amputations and crush injuries; Principles of wound care, including infection precautions; Principles of body substance isolation, universal precautions and use of personal protective equipment.
- Burns: Assessing the severity of a burn; Recognizing whether a burn is thermal, electrical, or chemical and appropriate first aid; Reviewing corrosive chemicals at a specific worksite, along with appropriate first aid.
- Musculoskeletal Injuries: Fractures; Sprains, strains, contusions and cramps; Head, neck, back and spinal injuries; Appropriate handling of amputated body parts.

Ready to get started?

Take the first step towards being prepared to save lives in emergencies. Enroll in the First Aid, CPR, O2 & AED course today and gain essential skills that can make a difference in critical situations.

Whether you are a healthcare professional, first responder, teacher, or simply want to be ready to help others, this course equips you with the knowledge and confidence to respond effectively in emergencies.

About Us

Elite Offshore Pvt Ltd, established in 2015, is a leading provider of Offshore, Marine and Industrial Safety and Skill training and certification programs. With a commitment to safety, compliance, and excellence, we empower professionals worldwide with the knowledge and skills they need for success in their careers.

Ecademy was established in 2021, serves as our specialized division, providing customized E-Learning solutions designed to meet the specific needs of the industry. Through Ecademy, we offer the IADC-Accredited RigPass Online Course, alongside other valuable E-Learning programs like IMDG Code Courses, Basic First Aid, and more.