

Work at Heights & Rescue Fact Sheet

Course Overview

This comprehensive course trains learners on effectively rescuing workers in fall emergencies during work-at-height activities. Covering hazard identification, equipment usage, and rescue techniques, it emphasizes the importance of a well-defined rescue plan and awareness of construction site dangers. Essential for any organization with workers operating at heights.



client site training, depending on your personal preferences



learn from an expert trainer with years of experience



Budget Friendly learning

Who should enroll to this course?

The Work at Height and Rescue course is essential for individuals working in industries such as construction, maintenance, telecommunications, and emergency services.

Anyone involved in tasks performed at elevated locations or involved in rescue operations should enroll in this course.

This training is also valuable for safety officers, supervisors, and managers responsible for workers operating at heights.





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What does this course Covers?

- · Introduction to working at heights
- Risk assessment and hazard identification
- Fall protection system
- Personal protective equipment (PPE)
- Use of harness & other equipment
- Knots and anchors, effort reduction system
- Pre check & inspection
- Safe work procedure & practices
- · Suspension trauma care & first aid
- Emergency preparedness
- Rescue plan & procedure
- Communication and coordination
- Case studies and lessons learned
- Practical exercises and simulations

Ready to get started?

Take the next step in advancing your career by signing up for the Work at Height and Rescue course today at our convenient Navi Mumbai classroom, or by arranging training at your location!

About Us

Elite Offshore Pvt Ltd, established in 2015, is a leading provider of Offshore, Marine and Industrial Safety and Skill training and certification programs. With a commitment to safety, compliance, and excellence, we empower professionals worldwide with the knowledge and skills they need for success in their careers.

Ecademy was established in 2021, serves as our specialized division, providing customized E-Learning solutions designed to meet the specific needs of the industry. Through Ecademy, we offer the IADC-Accredited RigPass Online Course, alongside other valuable E-Learning programs like IMDG Code Courses, Basic First Aid, Cyber Security and many more.

• Course Code - 589

• Duration - 1 Day

 Knowledge level -Intermediate

 Category - OSHA & Industrial Safety

• Offline/Client Site