

# Hand & Finger Injury Prevention Fact Sheet

## Course Overview

The Hand & Finger Injury Prevention course focuses on identifying hand and finger injury hazards in the workplace and implementing preventative measures. Participants learn about proper ergonomics, safe handling techniques, and protective equipment to reduce the risk of hand and finger injuries. This course is essential for employers and employees in various industries.



client site training, depending on your personal preferences



learn from an expert trainer with years of experience



Budget Friendly learning

## Who should enroll to this course?

Workers in industries where hand and finger injury hazards are prevalent, such as manufacturing, construction, healthcare, and food processing, should enroll in the Hand & Finger Injury Prevention course.

Additionally, occupational health and safety professionals, supervisors, and managers responsible for workplace safety should also consider enrolling to understand the risks and preventative measures associated with hand and finger injuries.



## Join Us Today!



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## What does this course Covers?

- Identify the primary types of hand and finger injuries in the workplace
- Describe safe practices for working around equipment
- Identify the purpose and correct use of machine guards
- Describe effective engineering and administrative controls to increase hand and finger safety
- Physiology of the hand, wrist and fingers.
- Recognize the importance of PPE
- Selecting the best gloves for the job.
- Identify the main hazards for mechanical and hand tool accidents

## Ready to get started?

Empower your workforce with the knowledge and skills to prevent hand and finger injuries. Enroll in the Hand & Finger Injury Prevention course today and take proactive steps to create a safer work environment. By implementing best practices and preventive measures, you can safeguard your employees' well-being and productivity.

## About Us

**Elite Offshore Pvt Ltd**, established in 2015, is a leading provider of Offshore, Marine and Industrial Safety and Skill training and certification programs. With a commitment to safety, compliance, and excellence, we empower professionals worldwide with the knowledge and skills they need for success in their careers.

**Ecademy** was established in 2021, serves as our specialized division, providing customized E-Learning solutions designed to meet the specific needs of the industry. Through Ecademy, we offer the IADC-Accredited RigPass Online Course, alongside other valuable E-Learning programs like IMDG Code Courses, Basic First Aid, and more.

- Course Code - 564
- Duration - 1 Day
- Knowledge level - Beginner
- Category - OSHA & Industrial Safety
- Offline/ Client Site